

care homes observation schedule CHOBS4

Section 1: Cover sheet

| | | | | |
|---|--|--------------------------|--|----|
| Name of service/service code | | | | |
| Name of person observing and assessing | | | | |
| Date of observation | | DD | MM | YY |
| Start time | | End time | | |
| Number of people supported present <i>(Request from staff before observation)</i> | | | Number of staff present <i>(Request from staff before observation)</i> | |
| <p>Notes Record here any information relevant to the observation. Write the order you will systematically rotate between the residents and, if necessary, make some notes to help you remember each resident. Remember not to use full names – numerical codes or initials are preferable.</p> | | | | |
| Resident Initials/Codes | | Description/Notes | | |
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| | | | | |
| Other Information | | | | |
| | | | | |

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Section 2: Observational Prompts and Reminders

| Have you | Yes? |
|---|------|
| Observed a meal time? | |
| Seen a menu (is there choice)? | |
| Asked staff about reasons for varied meals (if applicable)? – were participants' meals varied according to medical or cultural needs? | |
| Have you checked about availability of drinks and snacks during the day? | |
| Seen participants' rooms? - Were they clean? Personalised? Comfortable? | |
| Noticed how clean and comfortable communal areas are? | |
| Seen any participants go outside (garden)? - If it's cold and wet, ask about access to outside space on warm, dry days. | |
| Any evidence that participants ever leave the home? E.g. for an activity, or to see friends or family? | |
| Seen evidence that there is some form of scheduled activities for people? If not, ask staff. | |
| Seen any visitors with participants? - Always follow up on this kind of detail with staff when you interview them about the residents taking part in the research. | |
| Noticed how staff treat the residents you are observing? - Are they treated kindly, with dignity and respect? - Are interactions warm and natural? - Are conversations purely task focused or are they also sometimes social? - Are residents rushed (eg. To the toilet) or do staff work at the person's own pace? | |

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Section 3: Observation recording sheet

Use the table below to record what the residents and staff are doing. Make sure you pay attention to what people are **not** doing as well as what they **are** doing. At the end of the observation thank those present.

| Resident Code | Domain Code | Observation notes |
|---------------|-----------------------------|--|
| e.g. P05 | e.g. ACCOM SOC OCC | e.g. P sitting in lounge, joining in with singing activity with 4 other residents. Led by activity co-ordinator. Another care worker present. P is smiling and clapping along. Sings some lines from the songs. Listens at other times. Says 'yes' when staff say, 'shall we do another?'. Lookings comfortable in lounge. Interacting with other residents next to her. |

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| Resident Code | Domain Code | Observation notes (continued) |
|----------------------|--------------------|--------------------------------------|
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| Resident Code | Domain Code | Observation notes |
|----------------------|--------------------|--------------------------|
| | | |

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| Resident Code | Domain Code | Observation notes (continued) |
|----------------------|--------------------|--------------------------------------|
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| Resident Code | Domain Code | Observation notes |
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| Resident Code | Domain Code | Observation notes (continued) |
|----------------------|--------------------|--------------------------------------|
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| Resident Code | Domain Code | Observation notes |
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| Resident Code | Domain Code | Observation notes (continued) |
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| Resident Code | Domain Code | Observation notes |
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| Resident Code | Domain Code | Observation notes (continued) |
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