iCST: Individual Cognitive Stimulation Therapy for People with Dementia

This booklet of questionnaires should be completed by the researcher in an interview with the carer.

General Instructions to Interviewer

<u>Before</u> commencing the interview, please ensure that the **Participant Identity Number** has been entered in the boxes below.

Subsequent processing of these questionnaires involves photocopying and the use of data scanning equipment.

To ensure the smooth operation of the equipment, it would be appreciated if the following could be observed:

- Please complete the form using a **<u>black</u>** ballpoint pen.
- Please do not fold or crease the form.
- Please complete all the questions.
- Please enter your responses in the boxes/spaces provided, as instructed.
- Please use only a single line to delete mistakes and initial each such correction.

<u>At the end</u> of the interview please complete the remaining boxes below. Your cooperation is very much appreciated.

To be completed by the interviewer									
Participant Identity Number:									
Centre Name:									
Which assessment is this? <i>Please tick</i> one <i>box only.</i>									
Baseline Assessment	Baseline Assessment								
1 st Follow-up	(13 weeks after baseline)								
2 nd Follow-up	(26 weeks after baseline)								
Completed by (please print name):									
Signed:									
Interview date:	$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$								

Section 1: Participant

How many people are there in your relative's (participant's) household? Number
Number of adults including service user
Number of children under the age of 16
kind of accommodation does your relative (participant) live in at the ent? (tick one box)
Council-rented housing
Housing-association rented housing
Private rented housing
Owner-occupied housing
Other housing
Please describe
ar relative's (participant's) accommodation "sheltered" housing (has a warden or ne manager on-site)? Yes No
our relative (participant) lived anywhere else during <u>the last 3 months</u> ? uding hospital stays)
Yes Go to Q5
No $Go \text{ to } Q6$

QB 4

5. What type of accommodation did your relative (participant) stay in at that time?

If participant reports a stay in a care/nursing home or other location, complete the questions in that row.

For 'Participant or family contribution', ask: 'Did you or a family member pay for this accommodation?' and tick yes if the person reports having paid all or part of the costs

Service	No Yes		Reason for using service (e.g. respite)	Name of home (not to be entered into database)	Number of days	Particip family contribu	Provider (see note*)	
						No	Yes	_
Care home								
Nursing home								
Other - please describe using 'Name of home' box								

[*Note: Use the "Name of home" information to complete the Provider box, using WHO codes, after the interview]

WHO codes

1	Local Authority/Social Services/Council
2	NHS
3	Voluntary/charitable organisation
4	Private company or insurance company
5	Self or family members
6	Other
7	Researcher unable to classify response
8	Not completed

Community health and social services

6. In the <u>last 3 months</u>, has your relative (participant) used any of the services below? [SHOW CARD 1]

Note: please tick the 'no' box if participant has not used the service

Service	No	Yes	Number of home visits	Number of clinic or office visits	Average duration of contact (minutes)
GP					
Practice nurse (at GP surgery)					
Community/District Nurse					
Community psychiatric/Community Mental Health Nurse					
Psychiatrist					
Social worker or care manager					
Psychologist					
Physiotherapist					
Occupational therapist					
Dietician					
Counsellor					
Mental health team worker					
Specialist nurse (e.g. Admiral Nurse, palliative care nurse, respiratory nurse)					
please describe:					

Note: please tick the 'no' box if participant has not used the service

For 'Participant or family contribution', ask: 'Did you or a family member pay for this service?' and tick yes if the person reports having paid all or part of the costs

Service	No	Yes	Number of home visits	Number of clinic or office	Average duration of contact (minutes)	Participant or family contribution	
				visits		No	Yes
Home care/home help							
Home care/home help - Additional organisation							
Home care/home help – Additional organisation							
Cleaner							
Meals on wheels]		
Laundry service]		
Sitting service (e.g. Crossroads)							
Carer's support worker							
Optician]		
Chiropodist]		
Dentist]		
Other health or social care	services	:					
1							
2							

Day services

8. In the <u>last 3 months</u>, has your relative (participant) used any of the day services below? [SHOW CARD 3]

Note: please tick the 'no' box if participant has not used the service

For 'Participant or family contribution', ask: 'Did you or a family member pay for this service?' and tick yes if the person reports having paid all or part of the costs

Service	No	Yes	Number of times per week	Number of times in last 3 months	Name of service (not to be entered into database)	Particip family contrib	paid or uted	Provider (see note*)
						No	Yes	
Day centre								
Lunch club								
Patient education group (e.g. reminiscence) please describe:								
Other health or social care day services:								
1								
2								
[*Note: Use the "l after the intervie		f service	" information t	to complete the Pro	vider box, using WHC) codes,		
Direct Payme	-							
	tive (p a			receipt of direct p	ayments, individua	al budg	et or p	ersonal
Direct payments/P	ersonal	Budget	s No Y	es Total weel	kly value in £			
Direct payments								
Individual budget ,	/ Perso	nal bud	get					
*see Q9 definiti	ions car	°d						

Use of Hospital services

10. <u>In the last 3 months</u> , has your relative (participant) used any of the following hospital services?									
Note: please tick	the 'no	o' box if	participant has no	t used the service					
Service	No	Yes	Name of ward, clinic hospital or centre	Reason for using service (condition, specialty)	Unit ofNumber ofNHSmeasuredays/Trustmentattendancescode*				
Accident & Emergency Department (A&E)					Attendance				
Inpatient ward admission 1					Inpatient day				
Inpatient ward admission 2					Inpatient day				
Inpatient ward admission 3					Inpatient day				
Inpatient ward admission 4					Inpatient day				
Inpatient ward admissions 5					Inpatient day				
Outpatient Department (OPD) Attendance 1					Appointment				
OPD Attendance 2					Appointment				
OPD Attendance 3					Appointment				
OPD Attendance 4					Appointment				
OPD Attendance 5					Appointment				
Day hospital Attendance 1					Day attendance				
Day hospital Attendance 2					Day attendance				
[*Note: Use 'no	ame o	f hosp	ital' information t	o assign NHS Trust	code after the interview]				

Equipment and adaptations						
<u>11. In the last 3 months</u>, has your re meet their needs? [SHOW CARD 4]	lative (part	icipant) had	any ad	aptation	is or equi	ipment to
Yes No	n oquinment (that the vertice	nanthaa	had and	al tubo o	
<i>If yes, tick the box for each type of change o</i> which organisation paid for these'.	r equipment t	παι της ραττική	puntnus	nuu unu u	ISK WIIO OI	
Type of adaptation or equipment	Tick if yes	Who/Which or Council N	rganisatio IHS	Self V	this? Yoluntary charity	Other
Outdoor railing						
Outdoor ramp						
Grab rail/Stair rail						
Walk-in shower/shower cubicle replacing bath						
Over-bath shower						
Walking stick						
Walking frame						
Wheelchair						
Hoist						
Kitchen trolley						
Kitchen stool						
Toilet frame/raised seat						
Commode						
Bed lever/rail						
Bath seat						
Continence pads						

If yes, tick the box for each type of adaptations or equipment that the participant has had and ask 'who or which organisation paid for these'.

Type of adaptation or equipment	Tick if yes	Who/which organisation paid for this?						
	yes	Council	NHS	Self	Voluntary	Other		
1								
2								
3								
4								

Medications

13. Has your relative (participant) taken any medications for his/her condition over the last	3
months?	

Tradename	First day	Last day (if applicable)	Ongoir (if applicat		Dose	Medication unit code	Frequency code	Medication code*
DEMENTIA DRUGS	dd/mm/yy yy	dd/mm/yy yy		,icj				
	//							
	_//	_//_						
	_//	_//						
	_//	_//_						
	//_	_/_/_		7				
OTHER MENTAL HEALTH DRUGS	,			_				
	_//	_//						
	_//	_//						
	_//	_//						
	_//	_//_						
	//	_//						
[*Note: Use 'Tra			-			Ē		
Tick if partic			y medi	cation	s for his/her	condition [
	dication unit]			
1	mg			rops				
2	microgram			orays (s	prayj			
3	gram			ottles				
4	ml Tuba (tuba			acks L (ini a at	iono)			
6	Tubs/tube Puffs (inha			l (inject	ions) ive details			
I			99 0	ullel – g	ive uetalls			
Medi	cation frequ	ency codes						
1	Once daily			7	Once a week			
2	Twice daily			8	Once every t			
3	Three time			9	Once every t			
4	Four times			10	Once every f			
5	Three time			11	Once every f			
6	Twice a we	ek		88	As required	/ "PRN"		

Benefits				
14 . <u>Over the past 3 months has your relative (participant) received any of the following state benefits? <i>(include payments made jointly to others in household)</i> [SHOW CARD 5]</u>				
	Service User (participant) (tick as many as apply)	Other member of household (1.Spouse/partner 2. Child 3. Other)	How long has service user (participant) received this benefit (in weeks, over the last 3 months)	
State Retirement (old age) Pension				
Widow's or War Widow's Pension				
Pension Credit				
War Disablement Pension				
Winter fuel payment				
Income Support/Minimum Income Guarantee (MIG)				
Severe Disablement Allowance				
Disability Living Allowance Care Component				
Disability Living Allowance Care Component rate: 1. high 2. medium 3. low				
Disability Living Allowance, Mobility Component				
Disability Living Allowance Mobility Component rate: 1. high 2. low				
Attendance Allowance				
Housing Benefit				
Council Tax Benefit (discount)				
Incapacity Benefit				
Any other state benefit not listed (please state)				
Any other state benefit not listed (please state)				
Any other state benefit not listed (please state)				
Tick if participant does not receive any state bene	fits			

Section 2: Carer

1. Do you live with your relative (the service user/participant)?
Yes Go to Q5
No $Go \text{ to } Q2$
2. How many people are there in your household?
Number
Number of adults (including responder)
Number of children under the age of 16
3. What kind of accommodation do you live in at the moment? (tick one box)
Council-rented housing
Housing-association rented housing
Private rented housing
Owner-occupied housing
Other housing
Please describe
4. Is your accommodation "sheltered" housing (has a warden or scheme manager on-site)?
Yes
No

	1.
TO Q6	
to Q8	

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Em	-1		
P.M	DIO	VIIIE	2111

5. Which of the following best describes your current employment situation?

(Tick the one box that applies best to carer's situation)

	In paid employment			O TO Q6
	Retired	[Go to Q8
	Unable to work	[
	Unemployed and looking for work	[
	At home and not looking for work (e. housewife/husband)	g. [
	Doing voluntary work			
	Student (full or part-time)	[
	Other (Please describe)			
If ca	rer is employed:			
6.	What is your current job(s)/occupation	n(s)?		
_				
7.	Number of hours you work per week i	in all the jobs you	ı do	
If c	arer is unemployed/unable to work	k/at home/reti	red:	
8.				
0.	When were you last employed? (Month	i/Year)		
0.	when were you last employed? (Month	i/Year)		
		mm	y y	
o. 9.	When were you last employed? (Month What was/were your most recent job)	mm		
		mm		
9.	What was/were your most recent job	mm (s)/occupation(s))?	
	What was/were your most recent job(mm (s)/occupation(s))? provide care for yo	
9.	What was/were your most recent job Have you given up or cut down on v Yes, given up work	mm (s)/occupation(s))?	
9.	What was/were your most recent job Have you given up or cut down on v Yes, given up work Yes, cut down	mm (s)/occupation(s))? provide care for yo	
9.	What was/were your most recent job Have you given up or cut down on v Yes, given up work	mm (s)/occupation(s))? provide care for yo	
9. 10.	What was/were your most recent job Have you given up or cut down on v Yes, given up work Yes, cut down	mm (s)/occupation(s)	provide care for yo Go to Q11	
9. 10. If car	What was/were your most recent job Have you given up or cut down on w Yes, given up work Yes, cut down No	mm (s)/occupation(s)	provide care for yo Go to Q11	
9. 10. If car	What was/were your most recent job Have you given up or cut down on w Yes, given up work Yes, cut down No	mm (s)/occupation(s)	orovide care for yo Go to Q11 Go to Q13	
9. 10. If car 11.	What was/were your most recent job Have you given up or cut down on w Yes, given up work Yes, cut down No	(s)/occupation(s)	provide care for yo Go to Q11	

lati	On a typical day, how much time do you spend looking after/providing help fo we? (<i>Tick if yes</i>)	r your
	Provides no help in a typical day	
	Less than 1 hour	
	More than 1 hour and up to 2 hours	
	More than 2 hours and up to 3 hours	
	More than 3 hours and up to 5 hours	
	More than 5 hours and up to 10 hours	
	More than 10 hours, but not overnight	
	More than 10 hours and/including overnight	
	Other, describe:	
	On a typical day, what tasks do you usually help your relative with? (<i>Tick as y as apply</i>)	
	Personal care	
	Personal care Helping with finances	
	Helping with finances	
	Helping with finances Practical help	
	Helping with finances Practical help Taking the person to appointments	
	Helping with finances Practical help Taking the person to appointments Medications	

<u>Other carers</u>	
16. Other than yourself, do other friends or relatives regularly l	nelp/provide care for your relative?
Yes No	
17. If yes, thinking about an average week, and about <u>all</u> such a do they help/provide care for your relative? (If no, <i>write 0 in bo</i> .	
Hours per week	
18. Have any friends and relatives taken time off paid work or care for your relative?	ver the last 3 months to help/provide
Yes	
No	
19. If yes, can you estimate the <u>total</u> number of days relatives/ the last 3 months to help/provide care for your relative? (<i>If no, we</i> <i>question</i>)	
Total days	
TRAVEL COSTS	
20. <u>In the last 3 months</u> , have you accompanied your relative hospital, or day services <u>for his/her condition</u> ?	to any clinic,
Yes Go to Q21	
No Go to Q28	
21. If yes, over the last 3 months, how many times did you ac	company your relative?
Number of times per week Num	ber of times in last 3 months
Accompanied respondent	
22. How did you normally travel to get to the services your resurgery or hospital)? If you used more than one form of transfor the main/longest part of your journey.	port please say how you travelled
TRANSPORT codes	-
	spital transport
2Cycled8Went by3Took the bus9Other	ambulance
4 Took the train	
5 Took a taxi	
6 Drove the car	

QB 4

23. How long did it normally take to travel there from home?

	Hours	Minutes
Number of		

24. If you normally travelled by public transport, what was the cost of the fare in one direction (cost of a one-way ticket)?

	£	pence
Cost of one-way fare		

25. If you normally travelled by taxi, what was the cost of the fare in one direction (cost of a one-way journey)?

	£	pence
Cost of one-way fare		

26. If you normally travelled by car, how many miles/kilometres did you travel to get there (one-way journey)? (write in underlined space whether using miles or kilometres)

Number of ____one-way

27. If you normally travelled by car, if you had to pay for parking, how much did you pay?

	£	pence
Expenditure on parking		

34 V	SRI: Service U	se Questi	onnaire	
Benefits				
-	: 3 months have you rec le jointly to others in ho		0	efits? (include
		Carer (tick as many as apply)	Other member of carer's household (1.Spouse/partner 2. Child 3. Other)	How long has carer received this benefit (in weeks, over last 3 months)
State Retirement (old	age) Pension			
Widow's or War Wido	ow's Pension			
Pension Credit				
War Disablement Pen	sion			
Winter fuel payment				
Income Support/Mini (MIG)	mum Income Guarantee			
C	11			

State Retirement (old age) Pension		
Widow's or War Widow's Pension		
Pension Credit		
War Disablement Pension		
Winter fuel payment		
Income Support/Minimum Income Guarantee (MIG)		
Severe Disablement Allowance		
Direct Payments from Social Services		
Disability Living Allowance Care Component		
Disability Living Allowance Care Component rate: 1. high 2. medium 3. low		
Disability Living Allowance Mobility Component		
Disability Living Allowance Mobility Component rate: 1. high 2. low		
Attendance Allowance		
Carer's Allowance		
Housing Benefit		
Council Tax Benefit (discount)		
Incapacity Benefit		
Job Seeker's Allowance		
Child Benefit		
Working Tax Credit		
Any other state benefit not listed (please state)		
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Any other state benefit not listed (please state)		

QB 4